

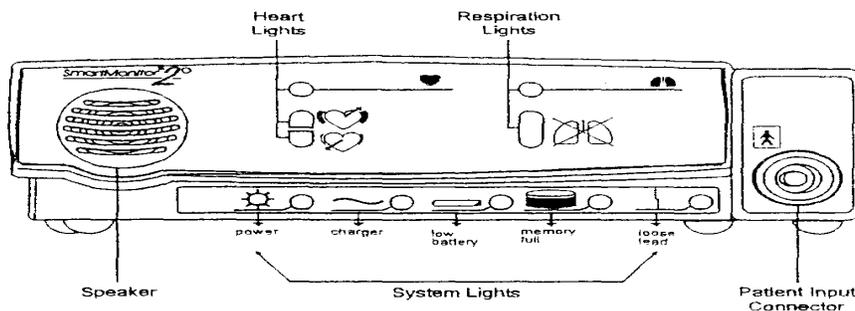
# Cardiac Apnea Monitor (CAM) SmartMonitor 2

## If An Alarm Sounds...

If an alarm sounds while you are monitoring your baby, check your baby first then follow the instructions below to respond to alarms. Always check your baby's first to make sure the baby is breathing.

Light	Alarms	Check Baby's Condition	Respond Like This
Red Apnea and/or Low (Heart)	Intermittent (1 beep/sec)	Skin color is pale or blue. Baby is not breathing or is choking.	<p>Respond as instructed by your physician or in your CPR class. An example of your response could be as follows:</p> <ul style="list-style-type: none"> <li>Gently pat the baby. The baby may start breathing and correct the cause of the alarm on his/her own.</li> <li>If the baby starts breathing, note it on your log sheet.</li> <li>Press the RESET button to reset any alarm lights.</li> </ul>
Red Apnea and/or Low (Heart)	Intermittent (1 beep/sec)	Baby is responsive and is breathing. Color is good.	<ul style="list-style-type: none"> <li>Wait for a few seconds. Watch to see if the baby's breathing and color remain normal.</li> <li>If alarm continues, see section titled "Reducing False Alarms".</li> <li>Check the monitor to see which light is on. Note it on your log sheet.</li> </ul>
Red High (Heart)	Intermittent (2 beeps/sec)	Baby is crying.	<ul style="list-style-type: none"> <li>If the baby is on breathing medications and gets frequent high heart rate alarms, please note alarm on your log sheet and call your physician or CCHH.</li> </ul>
Red Loose Lead	Continuous	Baby is breathing and is responsive. Color is good.	<ul style="list-style-type: none"> <li>Check the connections between the electrodes, lead wires, patient cable, and the monitor.</li> <li>If something has come loose, reconnect it and press the RESET button. The alarm should stop.</li> <li>If the alarm continues, see section on <i>Performing a Functional Self Test</i>.</li> </ul> <p>If the monitor passed the Functional Self Test, turn off the monitor. Then check the following items:</p> <ul style="list-style-type: none"> <li>The electrodes – They should be clean and there should be no cracks on the surface.</li> <li>The baby's skin – Make sure that where the electrodes are placed is clean and free from oil, lotions, and perspiration.</li> <li>The electrode belt – Make sure it is snug and is keeping the electrodes in place.</li> </ul>

Patient alarms cannot be silenced with the **RESET** button. The alarm will stop only when the patient signals are within the alarm limits.



If you have any questions or concerns, please call Cook Children's Home Health at (800) 747-8242. A nurse is available 24 hours a day.