MONITORING YOUR BABY’S BREATHING

Respiration Light
The green respiration light will blink with each breath that the monitor detects. The light should blink only once for each breath, although it may flash more times when your baby is moving.

Apnea Light
When the monitor detects a pause in breathing longer than the limit set by your physician the following will occur:

- The red apnea light will come on and the alarm will beep once every second. When the monitor detects breathing again, the beeping alarm stops.
- The red light will stay on until you press the RESET button.

Low Breath Rate
Your health care professional may have set your monitor to signal Low Breath Rate. If so, the following will occur:

- Breathe rate falls below the setting, but pauses are short and do not cause an apnea alarm. The apnea light will blink twice each second, and the alarm will beep once each second.
- If the monitor detects a pause in breathing longer than the limit set by your physician, during a Low Breath Rate alarm, the apnea light will change from flashing to constant.
MONITORING YOUR BABY’S HEART RATE

Heart Rate Light
The green light marked heart blinks with each heartbeat the monitor detects.

High Heart Rate Light
The monitor determines if your baby’s heart rate is higher than the limit set by your physician. The monitor will alert you by the following:

- The red light marked high will come on and the alarm beeps twice each second.
- The beeping alarm stops when that condition no longer exists.
- The red light will stay on until you press the blue RESET button.

Low Heart Rate Light
When the monitor determines that your baby’s heart rate is lower than the limit set by your physician the following will happen:

- The red light marked low will come on.
- The alarm beeps once every second.
- The beeping alarm stops when that condition no longer exists.
- The red light stays on until you press the blue RESET button.

If you have any questions or concerns, please call Cook Children’s Home Health at (800) 747-8242.
A nurse is available 24 hours a day.