

# Child CPR

child = birth to start of puberty

## Decide if responsive

1. Gently shake or tap child. Shout, "Are you OK?"
2. Place on firm surface.
3. If child does not respond send someone to call for help and get an AED



Send someone for help

## Chest pushes ... one hand

Place heel of one hand:

1. On lower half of breastbone
2. In center of chest between nipples
3. Press down about 2 inches



Give 30 fast compressions

Rate of at least 100 per minute

1. Give 30 fast pushes
2. Rate of at least 100 per minute
3. After 30 compressions ... Give 2 Breaths

## Breaths

1. Pinch child's nose.
2. Make tight seal with your mouth over child's mouth.
3. Give two breaths
4. Be sure child's chest rises with each breath.



Give 2 slow breaths

Take 1 second for each breath

**Continue CPR until child responds or help comes**  
**30 fast compressions ... 2 breaths**

## Are you alone? ... After 2 minutes of CPR ... call 911