

Infant CPR

birth to 1 year

Decide if responsive

1. Gently arouse baby by slapping bottom of feet
2. Support baby's head
3. Place on firm surface.
4. If baby does not respond send someone to call for help and get an AED



Send someone for help

Chest Pushes

1. Place 2 fingers on breast bone, just below nipple line
2. Press down about 1 1/2 Inches
3. Push at a rate of at least 100 times per minute



Give 30 compression
rate of at least 100 a minute

Breaths

1. Make tight seal with your mouth over baby's nose & mouth.
2. Give two slow breaths
3. Be sure baby's chest rises with each breath.



Give 2 slow breaths
Take 1 second for each breath

Continue CPR until baby responds or help comes
30 fast compressions ... 2 breaths

Are you alone? ... After 5 cycles of CPR ... call 911

Note: For more information please read American Heart Association's "Family and Friends CPR".