

Large Pillowcases (finished size is 20" X 31")



Large (standard-size) pillowcases are used in a variety of ways at Cook Children's. The links under Stitch-a-Wish list all of them. All large pillowcases follow the same pattern and finished sized.

LARGE PILLOWCASE PATTERN:

The finished size for the standard pillowcase is 20" x 31".

Cuff

Suitable fabrics are cotton, poly-blend, or flannel in child-friendly patterns and colors, suitable for boys and girls ages preschool through teen.

All fabric must be washed before it is donated to the hospital.

Supplies:

3/4 yard of fabric for pillowcase
1/3 yard of fabric for border

40 1/2"↑

10"←→

Sewing Instructions:

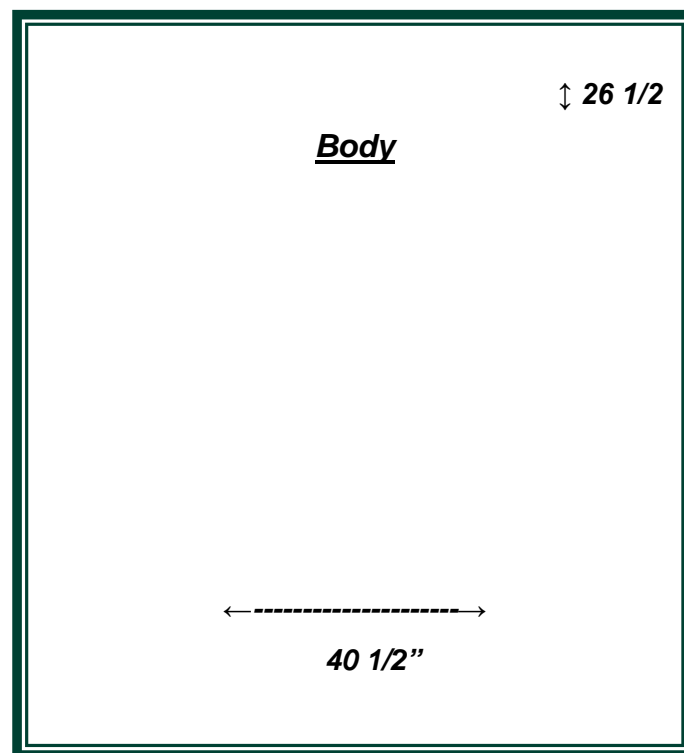
1. Cut the body of the case 26 1/2" x 40 1/2" and the border 10 1/2" x

40 1/2".

2. Fold the border in half lengthwise, wrong sides together and press.

3. Place the right side of the border on the right side of the body of the pillowcase. Stitch together using 1/2" seam allowance.

4. Place the right sides of the pillowcase together. Stitch or serge down the sides and across the bottom. Turn right side out and press.



Sibling Pillowcases

HOLIDAY Pillowcases



Holiday pillowcases are a fun way to help decorate the patient's room for the celebrations. These are made with fun child friendly holiday patterns and a matching or coordinating cuff.

The most popular holiday pillowcases are:

Valentine's Day
4th of July
Halloween
Christmas or Winter

Pillowcases that are not as popular with the patients:

New Year's
St. Patrick's Day
Easter
Thanksgiving

When making Christmas pillowcases, it is fine to use generic fabrics that celebrate Christmas such as Santa Claus, Christmas trees, elves, reindeer, snowmen, etc. We cannot use any that contain a religious message or religious symbols since we serve families from a variety of faith systems and beliefs.

For Halloween, we ask that you do not use fabric that contains skulls or blood. Although this may be popular with some of the older kids, we do not find it to be appropriate for a hospital setting.

Camp Pillowcases



Cuff

Use a fabric that coordinates with the Camp theme.

Cook Children's patients participate in a variety of diagnosis-related summer camps. These are especially for children with a variety of medical conditions and illnesses (asthma, cancer, kidney disease, Spina Bifida, etc.). The camps are a chance for the children to experience a bit of normalcy and to get to know other children with the same illnesses and challenges. Campers range in age from 5 years through teens. The pillowcases are embroidered with the camp name/logo/theme along the cuff and given to the campers.

The pillowcases must be made with a white body and child friendly fabric cuff so the campers can get the autographs of all their friends, nurses, doctors, and cabin-mates. The pillowcase then becomes a keepsake that they treasure for years to come.

An email with sign ups and instructions for the camp pillowcases is distributed in the spring as we get closer to camp-time and themes for each camp are chosen.

CAMP PILLOWCASES: Use White Fabric for the Body of the pillowcase



Embroidery (with Camp Name) Goes Here

“Going Home”, “Breaking Out”, and “Happy Birthday” Pillowcases



These pillowcases are given to children that have been in the hospital for an extended period of time.

Breaking Out parties are for children that are in the transplant unit and are able to move back into the normal unit...cause for celebration!

Going Home parties are for children who have spent an extensive time in neuron-rehab, traction, etc. Some children are in the hospital for months and even years, so when they are finally able to go home, that is cause for a party!

No birthday goes uncelebrated so birthday pillowcases are a party favorite when celebrating a child's special day while in the hospital.

For the Going Home, Breaking Out, and Birthday pillowcases, it is preferred that white pillowcases are used. The patients use the white body of the pillowcase to get signatures from their favorite Cook Children's staff, friends, and family.

X indicates the ideal placement for embroidery

Embroidery can be done in any font and size.

Cuff

Use a
bright
fun and
child
friendly
fabric
Such as
cupcake
or cars

For Going Home, Breaking Out, or Happy
Birthday Pillowcases.



Body of pillowcase

Use white fabric