

COPELAND SYMPTOM CHECKLIST FOR ATTENTION DEFICIT DISORDERS

Attention Defecit Hyperactivity Disorder (ADHD) and Undifferentiated Attention Deficit Disorder (ADD)

This checklist was developed from the experience of many specialist in the field of Attention Deficit Disorders and Hyperactivity. It is designed to help assess whether your child/student has ADHS or ADD, to what degree and if so, in which area(s) difficulties are experienced. Please mark all statements. Thank you for your assistance in completing this information.

Name of Child _____

Date _____

Completed by _____

Subject _____

* denotes ADD with Hyperactivity (ADHD) ° ADD denotes with Hyperactivity (Undifferentiated ADD)	Not at all	Just a little	Pretty much	Very much
I. INATTENTION/DISTRACTIBILITY				
* ° 1. A short attention span, especially for low-interest activities				
* ° 2. Difficulty completing tasks				
° 3. Daydreaming				
* ° 4. Easily distracted				
° 5. Nicknames such as "Spacey" or "Dreamer"				
* ° 6. Engages in much activity, but accomplishes little				
* ° 7. Enthusiastic beginnings, but poor endings				
II. IMPULSIVITY				
* 1. Excitability				
* ° 2. Low frustration tolerance				
* ° 3. Acts before thinking				
* ° 4. Disorganization				
* ° 5. Poor planning ability				
* ° 6. Excessively shifts from one activity to another				
* 7. Difficulty in group situations which require patience and taking turns				
* ° 8. Requires much supervision				
* ° 9. Constantly in trouble for deeds of omission as well as deeds of commission				
* ° 10. Frequently interrupts conversations: talks out of turn				
III. ACTIVITY LEVEL PROBLEMS				
* ° A. Overactivity/Hyperactivity				
* ° 1. Restlessness-either fidgetiness or being constantly on the go				

* 2. Diminished need for sleep				
* 3. Excessive talking				
* 4. Excessive running, jumping, and climbing				
* 5. Motor restlessness during sleep, kicks covers off, moves around				
* 6. Difficulty staying seated at meals, in class, etc. Walks around class.				

* ◦ B.Underactivity				
◦ 1.Lethargy				
◦ 2.Daydreaming, spaciness				
◦ 3.Failure to complete tasks				
* ◦ 4.Inattention				
* ◦ 5.Poor Leadership ability				
* ◦ 6.Difficulty in learning and performing				
IV. NON-COMPLIANCE				
* ◦ 1.Frequently disobeys				
* ◦ 2.Argumentative				
* 3.Disregards socially accepted standards of behavior				
◦ 4.“Forgets” unintentionally				
5.Uses “forgetting” as an excuse (intentional)				
V. ATTENTION GETTING BEHAVIOR				
* 1.Frequently needs to be the center of attention				
* 2.Constantly asks questions or interrupts				
* 3.Irritates and annoys siblings , peers, and adults				
* 4.Behaves as the “Class Clown”				
* 5.Uses bad or rude language to attract attention				
* 6.Engages in other negative behaviors to attract attention				
VI. IMMATURITY				
* ◦ 1.Behavior resembles that of a younger child. Responses typical of a child 6mos to 2 plus years younger				
* ◦ 2.Physical development is delayed				
* ◦ 3.Prefers younger children and relates better to them				
* ◦ 4.Emotional reactions are often immature				
VII. POOR ACHIEVMENT/COGNITIVE & VISUAL MOTOR PROBLEMS				
* ◦ 1.Underachieves relative to ability				
* ◦ 2.Loses books, assignments, etc.				
* ◦ 3.Auditory memory and auditory processing problems				
* ◦ 4.Learning disabilities/learning problems				
* ◦ 5.Incomplete assignments				
* ◦ 6.Academic work completed to quickly				
* ◦ 7.Academic work completed to slowly				
* ◦ 8.“Messy” or “sloppy” written work; poor handwriting				
* ◦ 9.Poor memory for directions, instructions and rote learning				
VIII. EMOTIONAL DIFFICULTIES				

* ◦ 1.Frequent and unpredictable mood swings				
* ◦ 2.High levels of irritability				
* 3.Underreactive to pain/insensitive to danger				
* 4.Easily overstimulated. Hard to calm down once over-excited.				
* ◦ 5.Low frustration tolerance				
* 6.Temper tantrums, angry outbursts				
◦ 7.Moodiness				
* ◦ 8.Low self-esteem				
IX. POOR PEER RELATIONS				
* 1.Hits, bites, or kicks other children				
* 2.Difficulty following rules of games and social interactions				
* ◦ 3.Rejected or avoided by peers				

°4.Avoids group activities: a loner				
* 5.Teases peers and siblings excessively				
* 6.Bullies or bosses other children				
X. FAMILY INTERACTION PROBLEMS				
1.Frequent family conflict				
2.Activities and social gatherings are unpleasant				
3.Parents argue over discipline since nothing works				
4.Mother spends hours and hours on homework with ADD child leaving little time for others in family				
5.Meals are frequently unpleasant				
6.Arguments occur between parents and child over responsibilities and chores				
7.Stress is continuous from child's social and academic problems				
8.Parents, especially mother, feels frustrated angry afraid for child	hopeless guilty sad and depressed	alone helpless sad and depressed		

Name: _____
Form filled out by: _____
Date: _____

ADHD CHECKLIST (DSM-IV)

Circle any that apply compared to other children the same age.

Inattention

1. Careless
2. Poor sustained attention
3. Doesn't listen
4. Poor follow through
5. Poor Organization
6. Poor sustained mental effort
7. Loses things
8. Easily distracted
9. Forgetful in daily activities

Hyperactivity-Impulsivity

1. Fidgets
2. Out of seat
3. Runs about
4. Problems with quiet play
5. Driven by a motor
6. Talks excessively
7. Calls out
8. Doesn't wait turn
9. Interrupts