

Cook Children's Endocrine and Diabetes program

Lipid disorders

The clinical recommendations listed below are not mandatory standards, and are not intended to be medical advice, but rather a set of recommendations for clinical evaluation and care. These recommendations are not a substitute for reasonable clinical judgment and decision making and do not exclude other options. Clinical care must be individualized to the specific needs of each patient and interventions must be tailored accordingly.

Disorder	Signs/symptoms	Suggested lab workup prior to referral	Comments
Hypercholesterolemia	<ul style="list-style-type: none"> Family history of premature cardiovascular disease Xanthomas 	Labs: <ul style="list-style-type: none"> Fasting or non-fasting lipid profile (Chol, LDL, HDL, TG) Free T4 TSH BUN Creatinine ALT AST 	Consider medication effects
Hypertriglyceridemia	<ul style="list-style-type: none"> Personal or family history of pancreatitis Family history of premature cardiovascular disease 	Labs: <ul style="list-style-type: none"> Fasting lipid profile (Chol, LDL, HDL, TG) Free T4 TSH BUN Creatinine ALT AST 	Consider medication effects, excessive weight gain, insulin resistance and type 2 diabetes mellitus
Elevated lipoprotein (a)	<ul style="list-style-type: none"> Personal or family history of blood clots or stroke Family history of premature cardiovascular disease 	Labs: <ul style="list-style-type: none"> Fasting or non-fasting lipid profile (Chol, LDL, HDL, TG) Free T4 TSH BUN Creatinine ALT AST 	Although genetically determined, levels of lipoprotein (a) may be influenced in the presence of inflammation



682-885-1940

To better serve our treating clinicians, we can assist you with:

- Non-emergent transfer requests
- Direct admissions
- Specialist consultations



COOK CHILDREN'S
ENDOCRINE AND DIABETES PROGRAM
1500 Cooper St. | Fort Worth, TX | 76104

682-885-7960

cookchildrens.org

Evaluation and referral guidelines

Tips for an effective visit:

- Inform the child and family about the reason for the referral and what to expect.
- Ensure all recommended evaluations have been completed prior to the child's scheduled endocrine appointment.
- Provide relevant insurance information (copy of insurance card if available), clinic notes, growth charts, laboratory test and other diagnostic test results.

Referral priority



EMERGENCY

Hospitalization anticipated/required

Cook Children's Emergency Department
682-885-4095

Teddy Bear Transport
1-800-KID-HURT

Notify endocrinologist on call
682-885-4000



URGENT

Outpatient visit needed within 1-5 days

Contact endocrinologist on call at 682-885-4000.



ROUTINE

First available appointment

Fax request for referral to 682-885-1327.



NOT SEEN

New patient referrals > 18 years of age

All referrals are seen as soon as scheduling and staffing permit. If there are concerns about a delay in a child's scheduled outpatient appointment, if the child's condition deteriorates or if other circumstances require the child to be evaluated sooner, please contact the endocrinologist on call.

Our staff



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