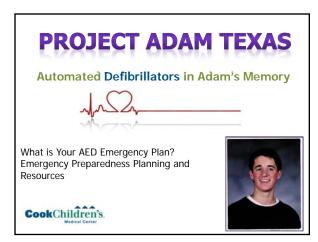
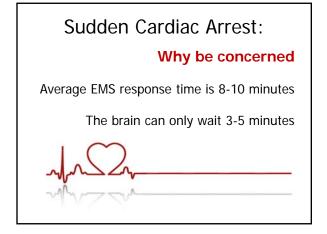
# What is your plan?

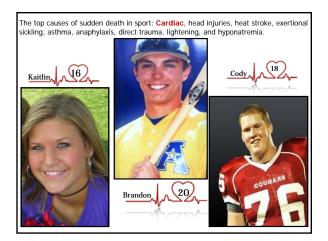
Emergency Preparedness Planning and Resources

## Objectives:

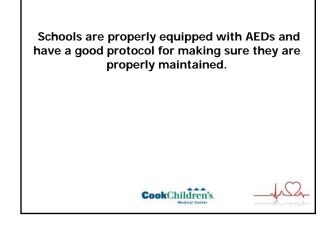
- Discuss the incidence of heart disease in children and adolescents and common cardiac conditions.
- Recognize early signs of undetected heart conditions and sudden cardiac arrest
- Discuss primary and secondary prevention programs and prepare for cardiac emergencies through staff CPR-AED training, school AED drills, student CPR education and sudden cardiac arrest awareness.
- Project ADAM (Automated Defibrillators in Adam's Memory)
- Identify how to create an Emergency Preparedness Plan











## Recognition: Is the First Link in the Chain of Survival

### **Best Practice Recommendations**

- Develop a CERP
  Developed/coordinated with local EMS, public safety, on site medical, administration
   Written CERP distributed to all staff
- Specific to each venue/after school activities
  Emergency equipment should be listed
- Emergency equipment should be instea
  Identify personnel and responsibilities to carry out plan of action with chain of command

#### chain of command 7. Appropriate contact info for EMS

- Facility address, location, contact info should be identified in the CERP
  Plan should specify documentation actions that need to be taken post emergency
- CERP should be reviewed and rehearsed annually by all parties involved.
- Healthcare professionals who will provide medical coverage during games, practices, or other events should be included.



## All Staff Hands Only CPR

- For a witnessed "adult" arrest this may be all that's needed, or all that's needed at first.
- If you saw him fall, he was walking/talking/breathing before he fell.
- Practice on manikins

Sarah Friend www.runforsarah.com

- You can't do this wrong!! You can't hurt him!!
- CPR will buy you time!!!

## Is your \_\_\_\_\_Project ADAM Heart-Safe?

Can I meet with your school nurses? School safety teams? School athletic directors? School administrators?

# PROJECT ADAM TEXAS

Working With You to Save Lives



Texas Senator Hinojosa and McAllen ISD Project ADAM Heart-Safe Schools