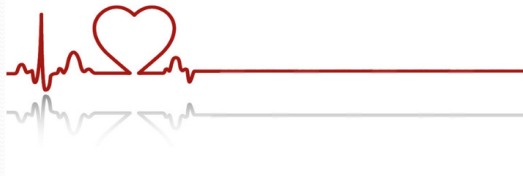


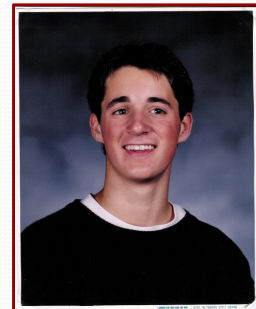
PROJECT ADAM TEXAS

Automated Defibrillators in Adam's Memory

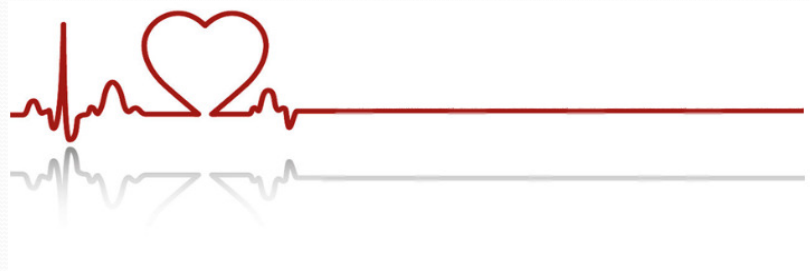


Project ADAM Texas: Heart-Safe Schools

Cook Children's SPORTS Symposium
July 2, 2014



Sudden Cardiac Arrest



**It can happen Anywhere, Anytime
It happens to kids too!**

The Centers for Disease Control and Prevention has estimated that every year in the United States approximately 2000 children and young adults (younger than 25 years) die of Sudden Cardiac Arrest.

Does your staff know...the plan?

- ♥ What to do if *anyone* collapses?
- ♥ What a sudden cardiac event looks like?
- ♥ Where the AED is and what it's for?
- ♥ How to do Hands Only CPR?
- ♥ The venue's address?



Planned and Practiced Response

American Heart Association Chain of Survival

- Early **recognition** of the emergency and activation of the
- emergency medical services (EMS) system ("9-1-1").
- Early bystander cardiopulmonary resuscitation (CPR).
- Early delivery of a shock with a defibrillator.
- Early advanced life support.



Assume the Worst – Hope for the Best
All Staff Awareness – All Staff Preparedness

What Project ADAM Can Do For You

PowerPoint Presentations/Meetings – Education

Provide training and education to schools, businesses, colleges and organizations; such as athletic associations, private and Christian schools, YMCA and community based programs for children.

- Staff Meetings
- School In-Service Staff Meetings
- School Board Meetings
- School Nurse Meetings
- Coach Meetings
- Physicians and health-care professionals

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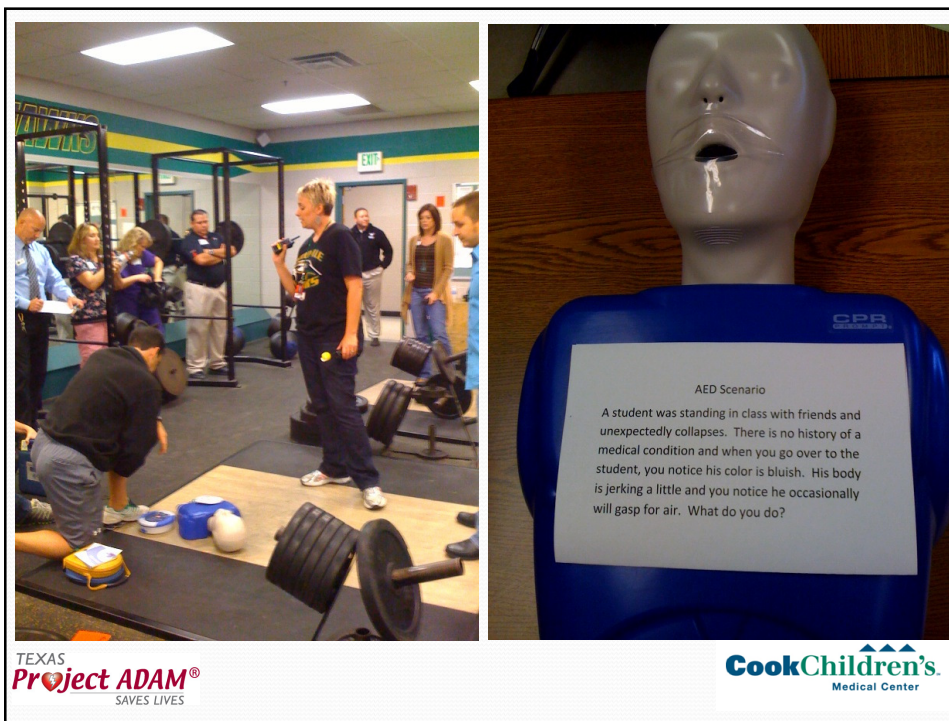
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Project ADAM Texas



Sarah Friend...my inspiration

August 1991 – July 2004

Wednesday, July 14, 2004, I sent my young daughter, Sarah Elizabeth, off to a water park for her junior lifeguard class. But Sarah never came home. Just three weeks shy from turning 13 years old, Sarah collapsed climbing the stairs of a water coaster and was not resuscitated. She died of a cardiac arrest due to a heart disease, unknown to the family, called hypertrophic cardiomyopathy – a thickening of the heart muscle or enlarged heart.

QUESTIONS

Sudden Unresponsiveness means SCA until proven otherwise

Email: Laura.Friend@CookChildrens.org

682-885-6755 Office

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