

welcome to the epilepsy monitoring unit 4th floor pavilion

We understand staying in a hospital can be very stressful. We are here to help make your stay as easy as possible. Please let us know whenever we can help.

The following guidelines are for you to read and follow. This information is necessary in order to provide a safe environment for all of our patients and families.

Thank you again for using **Cook Children's**.

VISITING HOURS 9:00 AM TO 9:00 PM

GENERAL

No Smoking is allowed in the hospital or anywhere on the campus.

Latex Balloons are dangerous and not allowed in the hospital. Mylar balloons are allowed but can be a problem in the Epilepsy Monitoring Unit. Mylar balloons often float near the camera and block the view. For this reason please do not bring Mylar balloons into the unit. Please tell all of your family and friends about this rule.

Telephone Number: You may give this to friends and family. Dial "9" to get an outside line. A ringer switch on the side of the phone will quiet the phone if needed for sleeping patients. Be careful not turn it off completely or you will not receive calls.

Parking Tickets: Can not be validated by staff. Parents of patients may park free in the parking garage. Please speak with the attendant when you exit the garage.

Purple Bed: This is the parent bed. The square pads are removable. Linens, towels, and pillows are available at any time. Please do not sleep in your child's bed.

Patient Playroom: Located on 4th floor pavilion. See the posted sign on door for hours. Please check with your nurse before taking your child to the playroom.

Washer and Dryer: Available 24 hours per day on the 4th floor of the main building. Please supply your own detergent and fabric softener.

Reading Books: Available for family use from the Bomar library, located on the 2nd floor of the main building. You can also bring DVD's from home.

FOOD

- Please do not keep opened food in the room overnight. A refrigerator is available in the family lounge. Place your food in a closed container and label it with your name and the date.
- The family lounge is available 24 hours with a refrigerator, microwave, and coffee maker. Each family is responsible for making coffee and keeping the area clean.
- We can only provide drinks/snacks are for our PATIENTS. For safety reasons we must keep the kitchen door locked.
- Parents can order food from restaurants outside of the hospital. Your nurse has the different menus. Take-out trays may be delivered on the 1st floor of the main hospital at the admissions window.

CARING FOR YOUR CHILD

It is important for children to follow their daily routine as much as possible. Please continue to care for your child as you do at home. We are always willing to assist you when needed.

STAFF

Push your call button if you need a nurse.

- **Child Life Department:** Available Monday through Friday. The Child Life staff helps children cope with the stress and anxiety of the hospital stay by using play, crafts, and other fun activities.
- **Discharge Teaching:** Social workers, a neurology educator, a nurse practitioner, case managers, and a patient advocate are all available for questions or concerns regarding discharge teaching. Please ask your nurse to page them if needed.
- **Physician Rounds:** Start around 8:00 AM. A neurologist and/or nurse practitioner will visit, so please be awake and ready (linens put away) to meet with the medical team.

SAFETY

Please do not sleep in the same bed with your child. You may stay in the bed until your child falls asleep, but then it is very important to move. Not only is this a safety precaution, but it also allows the video EEG camera to see your child's seizures on film without a parent blocking the view of the camera.

Seizure First Aid Training: May be watched on the room television. See the posted TV channel guide.

CPR Training: May be watched on the room television. The hospital staff has CPR videos and pamphlets available as well.

IV Site: Please notify your nurse at once if you see any redness or swelling at IV sites.

Telephone Information to Relatives: If you would like for us to give relatives information about your child's condition, please pick a password and tell it to your nurse. We only give telephone information to relatives who have this password.

CHECK OUT AT THE NURSE'S STATION BEFORE LEAVING UNIT!

- **ID Wrist Band:** Always wear your ID wrist band especially if you and your child plan to visit other areas in the hospital. If you are not wearing an ID band you will be asked to return to your unit
- **Visiting after 9:00 PM:** Visiting hours are over at 9:00pm. Family members entering the hospital after 9:00 p.m. must check in at the registration desk in the ER. The security staff will check your wrist band and/or explain what you need to do.

ALWAYS KEEP THE SIDERAILS UP ON YOUR CHILD'S BED AND CRIB.

VIDEO MONITORING

- Video monitoring technicians watch the patient on camera for signs of seizure activity 24 hours each day. They may not leave the control room. Please use your call light for any needs.
- Due to patient confidentiality, no parents or patients are allowed in the control room. **Please use your call bell and do not knock on the control room doors.**
- Use the event button to mark any seizure events. Your nurse will explain how this button works. **Take the covers off your child and turn on the light when a seizure occurs too.**
- When a seizure occurs, a nurse will come to the room to check on the patient. You may also hear instructions from a speaker in your room. Your child may be asked questions or told to do things like raise a hand or count during a seizure. Sometimes, staff members apply a small amount of pressure to your child's arm, leg, or shoulder during a seizure. This helps the doctor learn more about the seizure type.