

Radiology Imaging Services

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What is an ultrasound?

Ultrasound is an exam using sound waves. We take pictures of different organs in the body such as the spleen, liver, kidneys, pancreas, urinary bladder and gall bladder.

How we do the ultrasound

Our sonographer will meet with you and your child. We will ask about your child's history, tell you about the ultrasound and answer your questions.

Taking the pictures:

- We place lotion over the area we are looking at. Lotion helps with the pictures.
- We then rub a small camera around in the lotion. The camera looks like a *computer mouse*.
- This camera does not hurt and sometimes even tickles.
- It is important to be very still during the ultrasound.

Special instructions

- Please go to Patient Registration at your child's scheduled **arrival** time.
- Parents can stay in the room during the procedure.
- Please do not bring other children. Your child needs all your attention.
- Your child can bring a favorite DVD to watch, or a toy or blanket to snuggle with during the exam.
- If you cannot keep your child's appointment, please call us as soon as possible.

Eating and drinking directions for your child's ultrasound

Abdominal ultrasound prep

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| Newborn to 12 months | Do not eat or drink 4 hours before the appointment. |
| Older than 12 months | Do not eat or drink 6 hours before the appointment. |

Renal ultrasound prep

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| Newborn to 12 months | <ol style="list-style-type: none"> 1. Do not eat 2 hours before appointment. 2. May have clear <i>non-carbonated</i> liquids until time of exam. |
| Older than 12 months | <ol style="list-style-type: none"> 1. Do not eat 4 hours before appointment. 2. May have clear <i>non-carbonated</i> liquids until the time of exam. |

After the ultrasound

- Your child may eat and drink as usual.
- May return to normal activities.

A radiologist will read the exam and send the results to your child's doctor.

You may contact your child's doctor for the results.



These instructions are only general guidelines. Your doctor may give you special instructions. If you have questions or concerns, please call your doctor