



## **Behavioral Health Psychiatric Services**

Cook Children's Behavioral Health Services provides a full spectrum of care dedicated entirely to children, from ages 2 through 17. As part of **uncommon care** all our professionals are qualified both through education and experience to work with children who have behavioral and emotional problems. Our psychiatrists are board certified in child and/or adolescent psychiatry.

The treatment team works collaboratively together and focuses on re-establishing the family unit as the most important influence in the child's life in order to maintain the child's care at home whenever possible.

Our services are available 24 hours a day. As part of Cook Children's integrated healthcare system, we have easy access to medical specialty consultation which allows both emotional and physical concerns to be addressed jointly. Family involvement is heavily emphasized in all programs, with parent education often playing a vital role in a child's long-term well-being.

### **Areas of expertise**

- Attention Deficit Hyperactivity Disorder
- Behavior Problems

- Depression/grief/Bipolar Disorder
- Anxiety/phobias/school refusal
- Physical and sexual abuse
- Coping with medical illness
- Medical non-compliance

### **Outpatient services**

Outpatient services are designed for children in need of less intensive treatment. We have offices in Denton, Fort Worth, Hurst-Euless-Bedford and Lewisville. Competent professionals provide:

- Individual, family or play therapy
- Cognitive behavior therapy
- Psychiatric evaluation
- Medication management
- Parent education

### **Partial hospital care**

Partial hospital care is ideal for children who need intensive treatment but demonstrate adequate self control to insure not injuring themselves or others. While in the program, an individualized, interdisciplinary treatment plan is developed by the patient's physician, nurse and family therapist. The need for medication is evaluated. If prescribed, the medication is stabilized and monitored. The child also attends school and is assessed by certified Fort Worth ISD special education teachers. This program occurs Monday through Friday from 8:00 am to 3:00 pm.

### **Inpatient care**

Inpatient care occurs on an 11 bed unit located in the main hospital and is designed for children who require highly supervised and intensive treatment. Our focus is on crisis stabilization and returning the child to his or her home as quickly as possible. This unit serves children ages 2 through 12.

### **Accessing care**

To access care at any level contact our Intake department at 682-885-3917. For emergency situations call 911.

## **Clinic locations**

### **Fort Worth**

#### **Cook Children's Medical Center**

#### **Inpatient Services**

801 Seventh Avenue  
Fort Worth, Texas 76104  
682-885-1055

#### **Outpatient Clinic**

1300 S. University Dr #200  
Fort Worth, TX 76107  
682-885-1050

#### **Partial Hospital Program**

1300 S. University Dr. #200  
Fort Worth, Texas 76104  
682-885-3916

### **Hurst-Euless-Bedford**

750 Mid Cities Blvd.  
Hurst, Texas 76054  
817-581-2794

### **Southlake**

2727 E. Southlake Blvd.  
Southlake, Texas 76092  
682- 885-6052