

**Radiology Imaging Services**

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Fort Worth, Texas 76104  
**682-885-4076**

**What is an MRE scan?**

MRE uses a computer, radio waves, and a strong magnet to take detailed pictures of the small intestines. *The MRE does not use radiation.*

MRE helps to diagnose bleeding, small tears, inflammation, obstructions, abscesses, etc.

**Before the MRE**

**Jewelry and Nail Polish**

Because the MRI uses powerful magnets, you cannot wear any jewelry, hair clips, or have any items made of metal during the MRI. It may be easier to leave these items at home. Please remove nail polish.

**MRI Screening Paperwork**

You can fill this out before your arrival on My-chart. You can also fill this information out on admission.

**Arrival time**

We will call the day before your appointment with preparation information and your arrival time. *You will need to arrive 1.5 hours before your scheduled appointment.*

**My MRI Arrival Time:** \_\_\_\_\_

**1. Nothing to EAT 4 hours before arrival**

Stop eating foods after: \_\_\_\_\_

*Can drink clear water or noncarbonated beverages*

**2. Nothing to DRINK 2 hours before arrival**

Stop drinking fluids after: \_\_\_\_\_

*Nothing to eat or drink for 2 hours before arrival.*

**How we do a MRE**

A member of our Radiology team will meet you.

- We explain the MRE procedure.
- Answer your questions
- We have your child put on a hospital gown.

*Girls over 10 years of age: We may need a urine sample.*

**Start an IV**

We place a very tiny tube in your child's vein. We have different ways to help take out *the ouch*.

**Special drink**

This is a lemon lime flavored drink that helps the intestines show up more clearly.

- The amount your child drinks is based on their age and weight.
- It's important to drink this entire amount within an hour.

**We check one parent for MRI safety.**

This parent may stay in the room with their child during the procedure.



Your child will lie down on a table on their back. The table slides into the scanner "tunnel." It is important to stay very still during the MRE.

**MRI makes a loud noise**

Sounds like a rhythmic thumping sound.

**Your child:**

- Can hear us talking during the procedure.
- Can listen to music or watch a video

We also have earplugs and headphones to help block the noise.

**IV Contrast and Glucagon**

During the scan we give 2 special medicines in the IV.

**Glucagon:** Helps to slow down movement of intestines for better pictures.

**Contrast:** Helps tissues and blood vessels show up better.

**After the MRE**

Eating, drinking, and activities may continue as usual. May have some loose stools after the MRE.

A Radiologist will review the MRE and send the results to your doctor. Your child's doctor's office will discuss the results with you.

These instructions are only general guidelines. Your health care providers may give you special instructions. If you have any questions or concerns, please call your health care providers.